



garima
FOR SAFETY & DIGNITY OF
CORE SANITATION WORKERS

IEC Prototypes for Garima

Hoardings/ Wall Paintings/ Banners

Target Audience: Sanitation workers

Location: Junctions, Settlement bastis of sanitation workers, near ULB/ parastatal offices

Sewer Cleaners



Septic tank workers



PTCT workers



FSTP workers



Open drain cleaners



Fecal Sludge Treatment Plant

Beneficiaries of Garima



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Provisions under the Scheme



ବାସଗୃହ



ପିଲାଙ୍କ ପାଇଁ ଶିକ୍ଷା



ବୟକ୍ତିଗତ ସୁରକ୍ଷା ଉପକରଣ



ଜୀବନ ବୀମା ଏବଂ ସ୍ୱାସ୍ଥ୍ୟ ବୀମା



ନିରନ୍ତର ସ୍ୱାସ୍ଥ୍ୟ ପରୀକ୍ଷା



ମମାବାଇଲ ମାନ



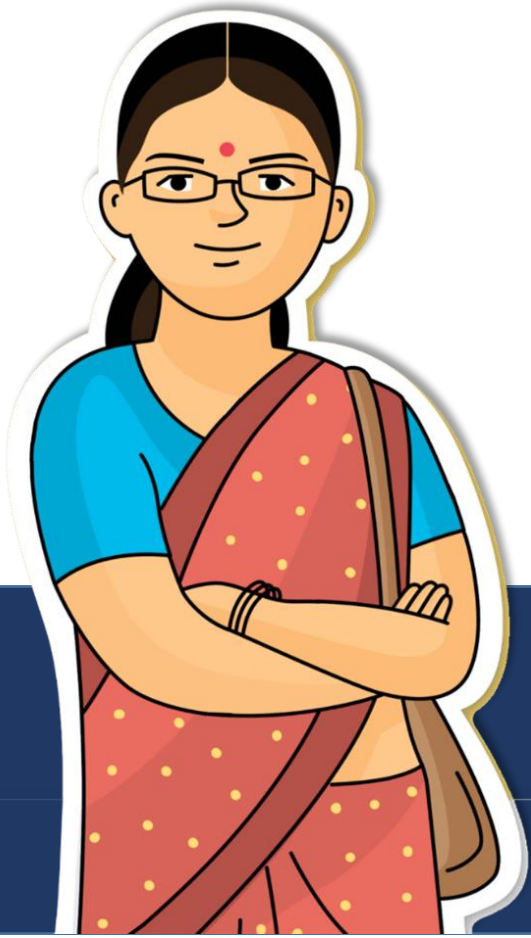
ଦୁଇ ଚକିଆ ଯାନ



କାର୍ଯ୍ୟର ଯାନ୍ତ୍ରିକରଣ



ନିଶ୍ଚିତ ସବୁମନ ମଜୁରୀ



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Have you enrolled yourself under the scheme yet?

**If not, reach out to your supervisor or register your enrolment request
on toll free number**



CALL 14420

Hoardings/ Wall Paintings/ Banners/ Posters

Target Audience: Citizens

Location: Junctions, Residential Societies, CBDs, ULB vehicles

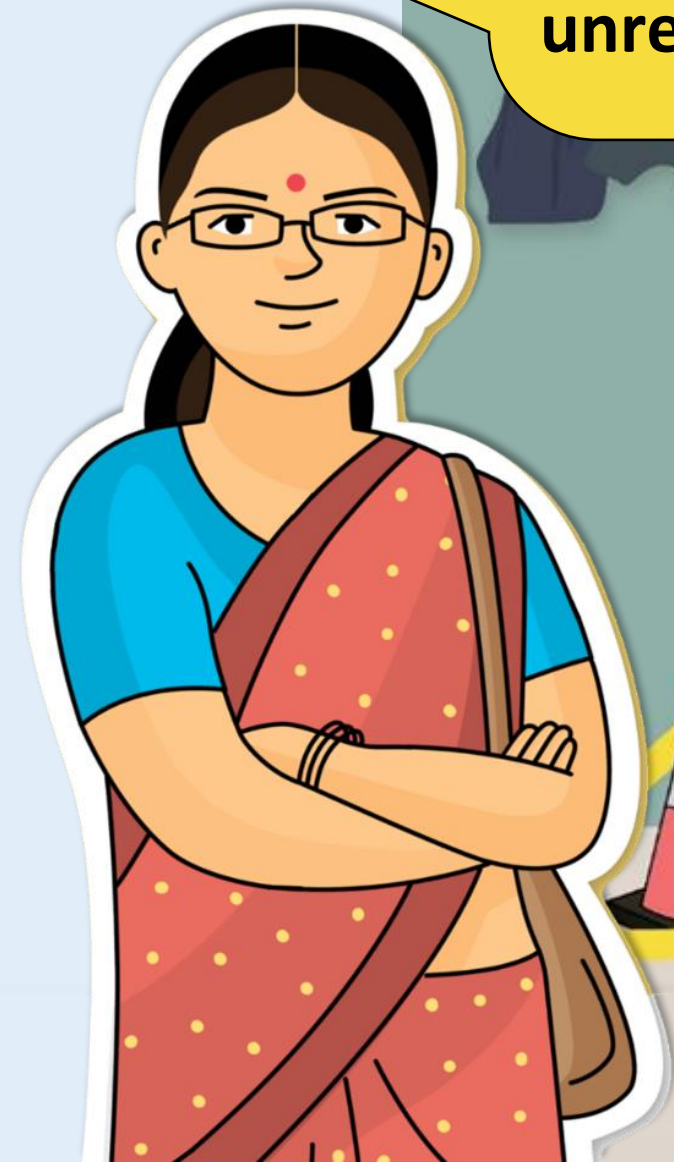


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**Call 14420 for getting
your septic tank cleaned**

**Do not avail services
illegally from
unregistered individuals**





Call 14420

to get maintenance holes
cleaned

**It is illegal to hire
untrained professionals
to enter a machine hole
without proper
permissions and
supervisions.**

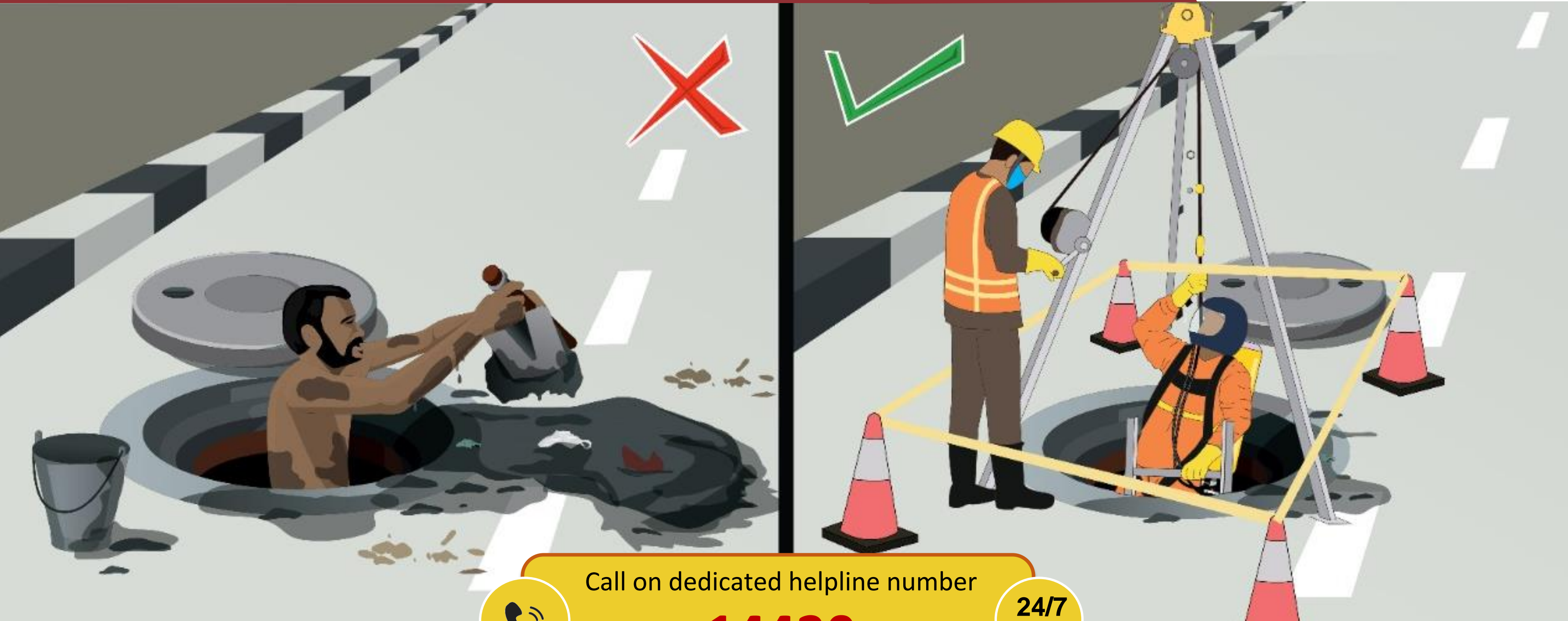
**Any person/organization
found employing such
workers will be heavily
fined and may face
imprisonment**



It is illegal for any untrained person to enter a septic tank / maintenance hole without written permission from the ERSU and without protective gear / equipments



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Call on dedicated helpline number



14420

24/7
Toll free

Report any illegal septic tank /
sewer cleaning activity

Emergency Response Sanitation Unit (ERSU)

Avail sanitation services legally from
registered and trained individuals



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If you come across any
**illegal & unsafe septic
tank/sewer cleaning
activity, report the incident
by calling on**
14420

- Manual Cleaning of Septic tanks or Sewer lines (without a written permission and use of prescribed safety precautions) is illegal under the act
- Any person/organisation employing such practices will face imprisonment and/or pay heavy fines

Banners/ Posters

Target Audience: Sanitation workers and Sanitary Officers/ inspectors

Location: Sanitation Department, CMWSSB, Assembly space of sanitation workers,
ULB/ parastatal offices



As a Sewer Entry Professional (SEP), I Will..

Conduct all cleaning operations while using appropriate PPE, Safety Devices and Equipments

Strictly follow all cleaning and safety procedures as per ERSU guidelines

Participate in all trainings to get certified as SEP



Only undertake cleaning activities assigned by my supervisor

Report all illegal cleaning activities to my supervisor

MY SAFETY, MY DIGNITY



Donning of the PPEs



Put on the body suit



Put on the mask



Put on the Goggles



Put on the Gloves



Put on the Safety Shoes/ Gumboots



Put on the Helmet

For all regular mechanical cleaning activities, these are the minimum requirements for PPEs. Follow the process of donning as depicted above every time you set off for work



Doffing of the PPEs



1
Remove Shoes/
Gumboots with
gloved hands



2
Remove Gloves



3
Remove Helmet



4
Remove Body suit



5
Remove Goggles



6
Remove Mask

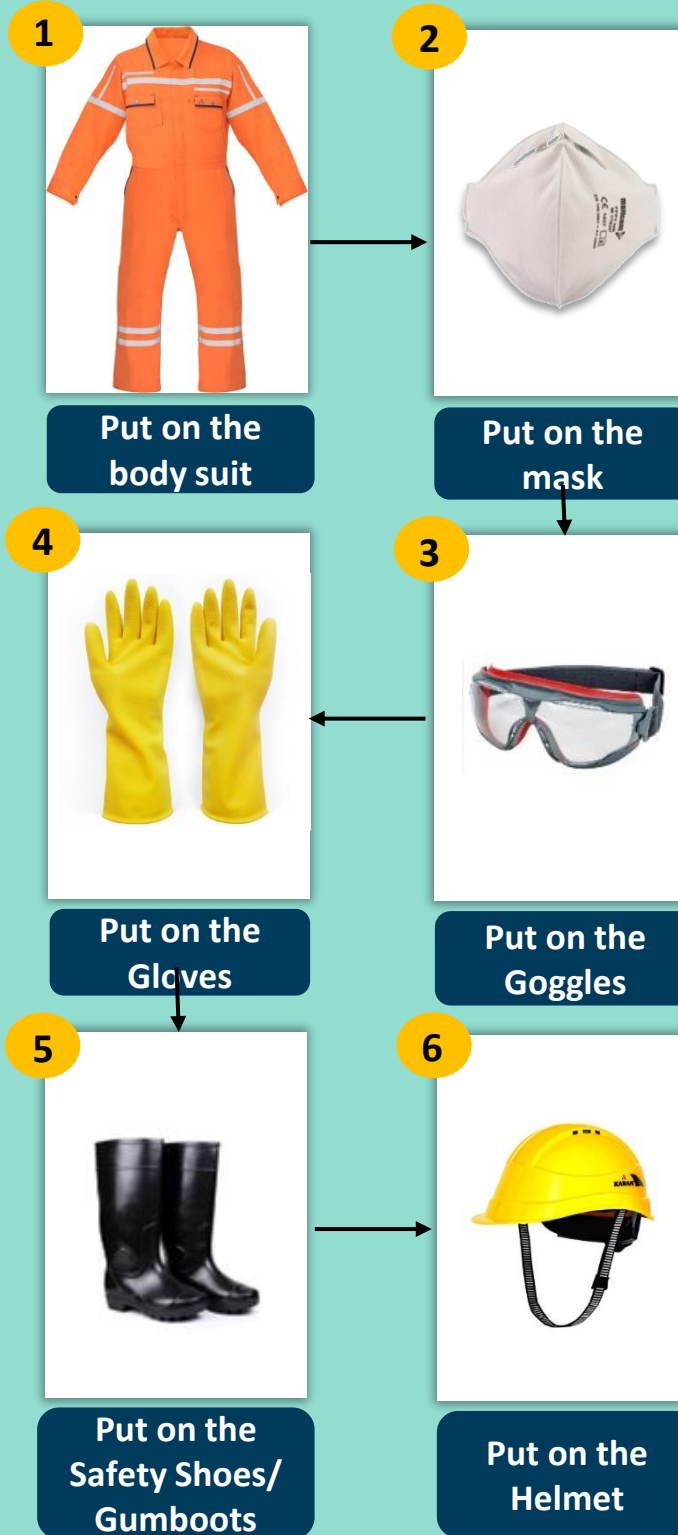
For all regular mechanical cleaning activities, these are the minimum requirements for PPEs. Follow the process of doffing as depicted above every time you get back from work

Proposed size:
A3 Portrait (29.7 X 42 cm)



What to Wear first for Attendant?

Ensure that your PPE are clean before you wear them





What to Wear first for Entrant?

Ensure that your PPE are clean before you wear them





What to remove first for Attendant?

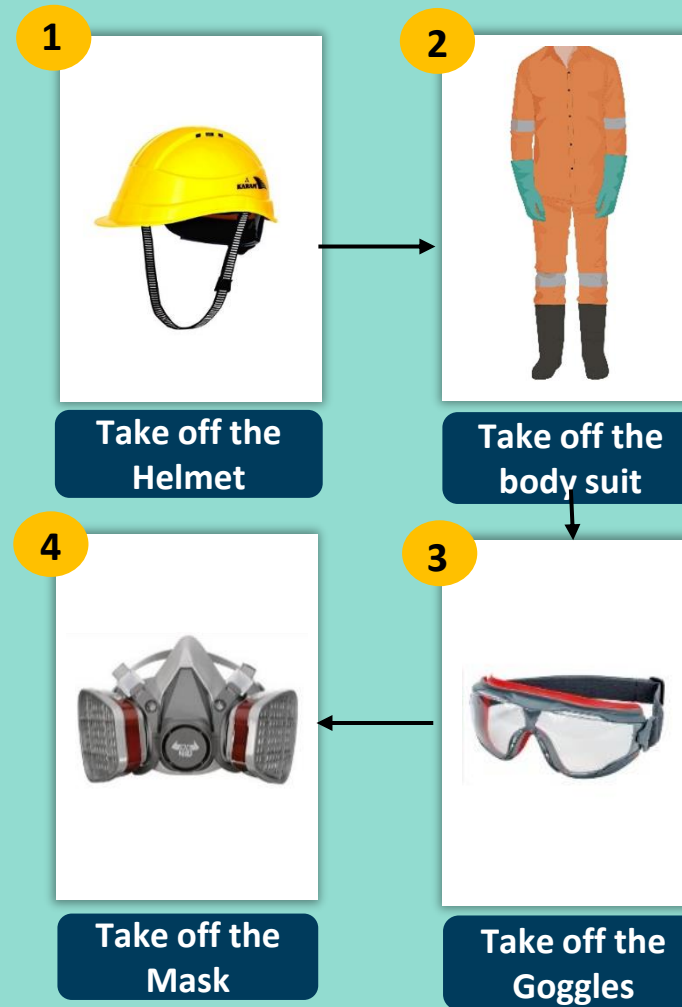
Clean your PPE after using them and ensure they are dry before storing them





What to remove first for Entrant?

Clean your PPE after using them and ensure they are dry before storing them



CONFINED SPACE ENTRY

Manual cleaning of sewer lines and septic tanks is considered as “Confined Space Entry”

Wear the following PPE during Confined Space Entry (CSE)



HEAD PROTECTION
Safety Helmet with Headlamp



EYE PROTECTION
Safety Goggles



FULL BODY PROTECTION
Water proof full body suit with attached gloves and boots



RESPIRATORY PROTECTION
Supplied airline respiratory unit with compressor/ Gas Mask



You must **NOT** be inside the confined space **more than 30 minutes** continuously.

- Do not use damaged PPE.
- Demand for replenishment of PPE as and when needed.

My Safety, My Dignity



CONFINED SPACE ENTRY

Safety Devices and Equipments are required on site while conducting Confined Space Entry

No Confined Space Entry without these Safety Devices and Equipments

GAS DETECTOR
For testing the level of hazardous gases prior to CSE

FAN BLOWER/ VENTILATOR
For getting rid of hazardous gases in the space before CSE

SAFETY SHOWER
For immediately taking a bath to clean yourself after exiting the CSE

SAFETY TRIPOD SET
For safe anchorage, fall protection and rescue

BODY HARNESS
For fall protection and rescue

BARRICADE AND CAUTION TAPE
For avoiding accidents



My Safety, My Dignity





Maintaining Personal Health & Hygiene

General Hygiene practices to be followed



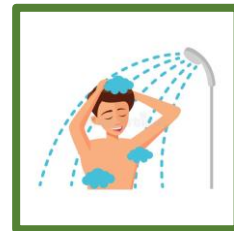
Wash your PPE in the external wash area using detergent /soap



Dry the PPE and store in your personal lockers



Wash hands with soap and water for at least 20 seconds

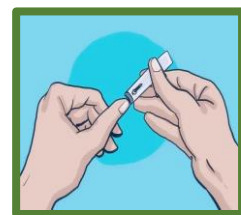


Take a shower with soap after returning from work and before you reach home



Keep your Garima Griha clean and sanitised at all times

Nail Hygiene practices



Keep nails short and trim them often



Scrub the finger tips against you palm while washing hands



Avoid biting or chewing your nails



What should be in your FIRST AID KIT ?

MEDICAL EQUIPMENTS AND SUPPLIES

- Gauze pads
- Adhesive bandages of various sizes
- Disposable masks
- Rubbing alcohol
- Disposable, non-latex gloves
- Hand sanitizer
- Elastic bandages
- Cotton balls
- Digital thermometer
- Medical tape
- Tweezers
- Scissors
- Ice packs

MEDICATIONS

- Hydrocortisone cream
- Hydrogen peroxide
- Antibiotic cream
- Eye drops
- Acetaminophen (Tylenol) and/or ibuprofen (Motrin)

WASH YOUR HANDS WITH SOAP AND WATER FOR ATLEAST 20 SECONDS

HAND-WASHING ROUTINE

Just **8 steps** and **20 seconds** to protect you from infections and viruses



Apply Soap on wet hands



Rub the palms against each other



Rub the back of the both palms



Interlace your fingers and scrub



Rub the thumbs and wrist



Scrub fingertips against palm



Rinse your hand with water



Wipe hands with a clean cloth





Do's and Don'ts of wearing a Mask

While Wearing



1 Wash you hands before putting mask



2 Hold the mask, find the side where metal piece or stiff edge is



3 Secure the loops, ties or elastic behind your ears or around your head

While Wearing



4 If there is a metallic or wire piece, press to fit the shape of your nose



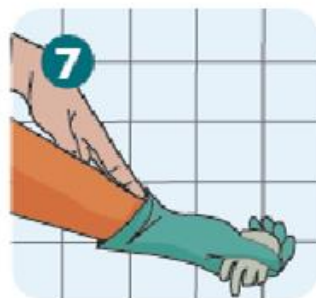
5 See that your nose and mouth are fully covered with the mask



6 Do not touch the mask while using it. If you touch it, wash your hands right away

While Working

While Removing



7 First remove the gloves, then with clean hands remove the mask



8 Take off the mask from behind by holding the loop, ties or elastic

Taking care of PPE



9 If possible, put the mask in sun after use



Do's and Don'ts of wearing Goggles

While Wearing



1 Wash your hands before wearing goggles



2 Place over face and eyes and adjust to fit

While Working



3 Do not touch goggles with dirty hands



4 If waste splashes into your eyes, flush eyes with water for at least 15 minutes



5 Always report any eye injury, no matter how minor

While Removing

Taking care of PPE



6 First remove your gloves, then remove the goggles. Ensure that your hands are clean while removing the goggles



7 Store the goggles safely in a cover or a clean and dry place to avoid scratching or falling



Do's and Don'ts of wearing Gloves

While Wearing

While Working



1
Clean hands before putting on gloves



2
Dry hands before putting on gloves

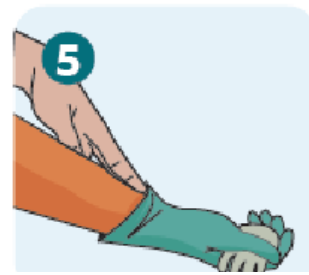


3
Avoid touching your face once you put on gloves

While Removing



4
Pull one glove by holding the outside from finger tips. Never touch the bare skin with gloved hands



5
Remove the second glove by putting your finger tips inside the glove at the top of your wrist

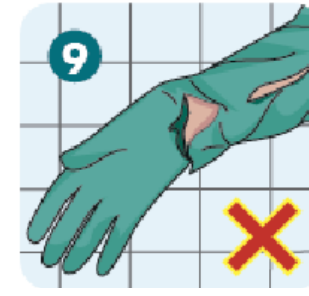


6
Continue pulling the glove down bringing the inside-out

Taking care of PPE



7
Wash you gloves after work with soap/detergent and dry them



9
Do not use gloves if they are damaged/torn



Do's and Don'ts of wearing Helmet

While Wearing



1
Wear the helmet right way round. Tighten the headband



2
Tighten the chinstrap so that there are no chances of the helmet falling



3
Helmet should be straight, should not slope towards your face or backwards



While Working

While Removing

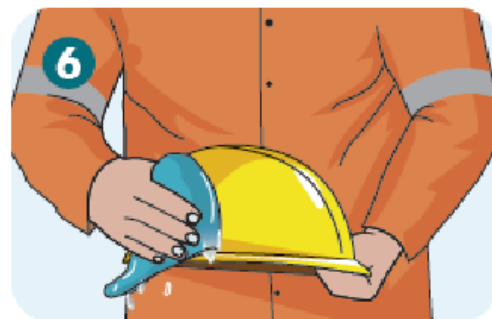


4
Never touch the helmet with dirty hands



5
Check the helmet regularly for any signs of damage

Taking care of PPE



6
Regularly clean your helmet with a wet cloth. Clean with water and use mild soap if required



7
Do not store the helmet in direct sunlight or near hot surfaces



Do's and Don'ts of wearing Gumboots

While Wearing

While Working



Clean your feet and dry them before wearing gumboots



Do not touch your gumboots with bare hands

While Removing



Clean your gumboots with water after completion of work



After work, remove your gumboots with gloves hands

Taking care of PPE



Don't use brushes or abrasive cloths to clean inside of your gumboots



Dry them in shade