



03. Suggested Agenda for Training of Sewer Entry Professionals

Min. no. of MTs required: 2

Training Batch Size: 30

Duration: 3 days

| Time | Session | Seat time | Type of Session |
|---------------|---|-----------|-------------------------------------|
| Day 1 | | | |
| 9:30 - 10:00 | Registration | 30 | |
| 10:00 - 10:40 | Inauguration of the training Introduction to the ToT (<i>About the training</i>) Ice breaking session | 40 | Interactive session |
| 10:40 - 11:10 | Pre-Training Assessment | 30 | |
| 11:10 - 11:30 | About Garima scheme | 20 | Theoretical session |
| 11:30 - 11:45 | Tea break | | |
| 11:45 – 12:30 | A. Provision of PEMS Act B. Structure of ERSU | 45 | Theoretical session |
| 12:30 - 13:15 | A. Standard Operating Procedure for mechanical work in maintenance hole & septic tanks | 45 | Interactive Session + Demonstration |
| 13:15 - 14:15 | Lunch break | | |
| 14:15 - 15:00 | Personnel Protective Equipment <ul style="list-style-type: none"> • <i>Need of using PPE</i> • <i>Fit test of PPE (Respirator, Mask)</i> • <i>Sequence of Donning and Doffing PPE</i> • <i>Do's and Don'ts (Personal Hygiene)</i> | 45 | Interactive Session + Demonstration |
| 15:00 - 16:00 | What is confined space entry <ul style="list-style-type: none"> A. Identifying Hazards B. Atmosphere Testing/ Types of Gases C. Use of safety devices for CSE <ul style="list-style-type: none"> • <i>Gas monitor</i> | 60 | Interactive Session + Demonstration |



| Time | Session | Seat time | Type of Session |
|---------------|--|-----------|-------------------------------------|
| | <ul style="list-style-type: none"> <i>Axial fan blower</i> | | |
| 16:00 - 16:15 | Tea-break + Assemble for Demonstration | | |
| 16:15 – 17:45 | Standard Operating Procedure for manual entry in maintenance hole & Septic Tanks | 90 | Interactive Session + Demonstration |
| 17:45 - 18:00 | Closing remarks | 15 | Interactive session |
| Day 2 | | | |
| 10:30 - 11:00 | Recap of day 1 | 30 | Interactive session |
| 11:00 – 11:30 | Emergency Rescue & First Aid | 30 | Theoretical session |
| 11:30 – 11:45 | Tea-break + Assemble for Demonstration | | |
| 11:45 – 13:45 | Demonstration <ul style="list-style-type: none"> <i>Wearing PPE</i> <i>Site Preparation</i> <i>Gas Testing & Ventilation</i> <i>Entry and Emergency Rescue</i> | 120 | Interactive Session + Demonstration |
| 13:45 - 14:30 | Lunch | | |
| 14:30 - 15:30 | Post-training assessment (Theory) | 60 | Using easy-to-understand format |
| 15:30 - 15:45 | Tea-break | | |
| 15:45 - 18:00 | Post-training assessment (Practical) <ul style="list-style-type: none"> <i>How to wear PPE</i> <i>How to set up the davit system and harness</i> <i>Confined space entry and rescue</i> <i>Teamwork</i> | 135 | |
| Day 3 | | | |
| 10:00 - 13:00 | Post Training Assessment (Practical) - Continuation <ul style="list-style-type: none"> <i>How to wear PPE</i> <i>How to set up the davit system and harness</i> <i>Confined space entry and exit</i> <i>Teamwork</i> | 180 | |
| 13:00 - 14:00 | Lunch | | |



| Time | Session | Seat time | Type of Session |
|---------------|--|-----------|-----------------|
| 14:00 - 16:30 | Post Training Assessment (Practical) - Continuation <ul style="list-style-type: none"> • How to wear PPE • How to set up the davit system and harness • Confined space entry and rescue • Teamwork | 120 | |
| 16:30 - 16:45 | Tea Break | | |
| 16:45 - 17:30 | Post Training Assessment (Practical) - Continuation <ul style="list-style-type: none"> • How to wear PPE • How to set up the davit system and harness • Confined space entry and rescue • Teamwork | 45 | |
| 17:30 – 18:00 | Feedback and closing remarks | 30 | |
| 18:00 – 18:30 | Closing Remarks and Certificate Distribution | 30 | |